

## May 2024

### TRAIN YOUR BRAIN

We will commence the program at 9.30am with the Topic for the Month. Our presenter will be Nicole Harvey. Her presentation is titled "Spotlight on the Philippines. Now a little bit about Nicole for those who have not met her. Nicole, a member of GWAC, who at 42 departed Melbourne to step into hospitality and manage a non-for-profit bed and breakfast in the mega city of Manila. What a challenge.

The picture below shows Nicole with two of her staff members.



In May we will begin a new set of games in our Activity Cycle. They are are: Mixed Skills, Jamaica (Numbers), Dabble (Word), Qwirkle (Memory) and Tayu (Perception).

### DATES & TIMES

#### Train Your Brain (TYB)

May 4, June 1  
9.30am – 12 Noon  
Registration from 9 am

#### Easy Does It (EDI)

Monday at 1.30pm except public holidays

#### MOTHERS' UNION AND FRIENDS (MU & Friends)

April 25 – 1.30pm  
May 23 – 1.30pm

Contact: Lynn 0401 257 647

#### ENQUIRIES

[tyb.edi@gwac.org.au](mailto:tyb.edi@gwac.org.au)

## EASY DOES IT

Our Hall Group has made an excellent start to the year under Kevin's guidance.

We have welcomed some new members, but we still need some more to meet our costs. Below are some pictures of a class late last year that one could use to encourage new folk to come along and try out our activities. Dress is casual and comfortable. Afternoon tea is a great chance for a good chat.



## MOTHERS' UNION & FRIENDS

Our April meeting focus was "Anzac Reflections".

At our May 23 meeting (Thursday 2) our guest speaker is to be Ian Whitehill, who leads Prison Fellowship. He and his team minister to prison residents and their families.

All are welcome to come hear this engaging speaker, MR1/2 1.30pm.

Contact: Lynn 0401 257 647

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